

GRANNY'S ATTIC GRANT APPLICATION

ORGANIZATIONAL INFORMATION

1. Date of Application: March 1, 2020
2. Applicant Organization: Vashon Care Network PO Box 13135, Burton, Wa. 98070
Phone: 206.604-3253 email: vashoncarecloset@gmail.com
3. Title of Project: Capacity Building for Vashon Care Network
4. Copy of current IRS determination letter indicating tax exempt 501(c)(3) status. (attached)

PROPOSAL INFORMATION

1. Brief Narrative Account of Proposed Project

The Vashon Care Network very much appreciates the \$5,000 grant awarded by Granny's Attic in October 2019. The funding is being used to respond to requests that can't be filled through current Care Closet resources or donations. We call these the "larger ticket items." Having this funding has been a godsend to many homebound Vashon residents, especially during these winter months.

The Vashon Care Network has just completed its first year as a newly-formed nonprofit. We have a strong, committed Board dedicated to **our mission: to provide support to Islanders through coordination and distribution of physical resources and networking with community services and individuals.** The Care Network works to meet the needs of low-income, isolated individuals and families on Vashon Island through its care closet and its home care assessment services. We work in partnership with the network of more than 30 private care givers on Vashon to provide solutions for families and/or individuals who want to remain in their homes.

From October 2019 through January 2020, 269 Islanders were served and 456 items were distributed. We also responded to approximately 400 inquiries from individuals needing information and resources in order to stay safely in their own homes. Often a visitor to the Care Closet will take multiple items such as a shower chair, walker and a commode for an individual recovering from surgery. Another high priority need is incontinent supplies for low income families, who cannot afford these costly items on an ongoing basis.

Since Granny's awarded the Fall 2019, grant, Vashon Care Network (VCN) board members have visited Islanders whom we were alerted to, that are struggling and may need a "boost" of support, to help them live in their homes safely and more comfortably. VCN board members have met with these Islanders, have been getting estimates and have earmarked funds from our 2019 grant to assist these folks in the following way:

- two clients who live in hoarding-type situations needed one-time cleaning and garbage removal
- two households with disabilities and mobility impairments needed driveway gravel and gutter repair to navigate slippery driveways and enter their homes safely. The heavy rains in recent months made it especially difficult for these households. VCN board members are working with CalPortland to secure gravel donations and are using Granny's funds to supplement and make the entry into these homes safer.
- a single low-income person living without heat. This is an older home; not updated and central heating is not working properly. VCN board members were able to evaluate that an energy efficient safe electric wood stove could help meet this person's immediate need.
- two, single elderly islanders in need of deck/step repair. VCN Board members are helping to identify resources to make these repairs.

In this first year, we have identified several additional needs that we plan to address:

1. Support and self-care opportunities for Island caregivers

As we extend support to the community, the Vashon Care Network will offer four 2- to 3-hour sessions on a quarterly basis in the next year to family members and/or friends caring for loved ones as well as private caregivers. Caregiver burnout is well documented. It is a state of physical, emotional and mental exhaustion. It often leads to fatigue, stress, anxiety and depression. These sessions will address caregiver burnout by providing a forum for conversation and mutual support.

The sessions will combine a lecture format with opportunity for interaction and discussion. We will use an excellent DVD series by Teepa Snow, a nationally recognized expert in dementia care as the basis of these sessions. Her work focuses on best practices when living and working with people with dementia, from early symptoms to end of life. We will also recruit Islanders with special expertise in wellness, stress management and even art to help support those caring for a loved one manage exhaustion, body injuries and burnout.

2. Additional “special needs” equipment, basic supplies and Care Closet maintenance

Our Care Closet is currently filled to capacity, largely because of inefficient shelving and storage capacity. Two 400 square foot two-story sheds are being constructed on our Vashon Lutheran site. This is the church’s generous donation in support of our work. This additional storage accommodates our need for our ever-growing inventory and an accessible drop-off/pick-up area. As a part of this expansion, we anticipate needing funds for our current closets as well as the new sheds. Upgrades will include: shelving, storage containers, hardware and sanitizing products to keep our inventory organized, accessible and sanitary.

The Care Closet received a generous donation of used equipment from Vashon Community Care Center as they transitioned from a skilled nursing to memory care facility. Several pieces of this equipment and additional items in our inventory need to be serviced by a reputable medical equipment repair person off island. We need to assure that our current inventory is safe and updated.

Additionally, we do receive requests for special need equipment not in our inventory such as specialty hospital beds, a sit-to-stand lift, more Parkinson’s walkers and other adaptive equipment. As we spend down the Fall Granny’s grant award, we anticipate needing additional funds for such equipment as well as high-demand items like incontinent supplies, gloves and wipes.

3. Development of marketing and outreach materials

Now that we have formally organized Vashon Care Network as a public charity, a high priority is community education and outreach. We are painfully aware that many who are most in need of our services and resources don’t know about them. To date, thanks to the expertise and commitment of one of our Board members, we have a logo and a website (www.vashoncarenetwork.org). And, we have begun to effectively use social media; especially Facebook and links to Vashon-specific information networks. We have created a simple flyer and are working on a basic brochure to get information out to the community about our services and to garner support.

Our goal is to tell our story effectively so that more islanders will be aware of and use our services. Volunteer support and in-kind and financial contributions will likewise be increased. In our second year, our goal is to build a solid base of donors who will support us financially. We are developing a basic outreach plan for the Give Big campaign in early May.

We will work with an Island graphic artist who donates her time and expertise to nonprofits at a reduced rate to develop an attractive brochure and posters that we can share in our outreach to the faith community, community groups and potential donors. These materials, as well as our website, will create visibility and name recognition.

We are most grateful for Granny’s past support and respectfully request a grant of \$5,000 to address the issues identified above.

1., 2. and 3. Project Objectives and Time Table: April 2020 – March 2021

Thanks to the dedication of a strong Board and its original founders, the Vashon Care Network is positioned to increase its capacity to serve the community in the coming year. Project objectives and implementation goals for 2020-21 include:

- ✓ Offer four 2- to 3-hour sessions on a quarterly basis in the next year to family members and/or friends caring for loved ones as well as private caregivers.
Target Dates: June and September 2020 and January and March 2021
- ✓ Expand our storage capacity with the addition of two 400 square foot sheds at our Lutheran Church site.
Target Date: June 2020
- ✓ Over the twelve-month period from April 2020 to March 2021, based on current requests, we estimate that we will receive at least 800 requests for medical equipment and supplies. When we receive requests for specialized, adaptive equipment and/or supplies, we will assess and secure the best, most economical options available.
Target Date: Ongoing throughout the year
- ✓ Assess all donated, previously used medical equipment in our inventory. Repair and sanitize to assure quality, safety and hygiene.
Target Date: ongoing throughout the year
- ✓ Create a comprehensive development and marketing plan.
Target Date: April 2020
- ✓ Develop basic marketing materials with the goal of increasing use of our services, securing committed volunteers and identifying a solid donor base. **Target Date: May 2020**
- ✓ Involve Board and volunteers in community outreach to faith, community and civic groups.
Target Date: June 2020 – March 2021
- ✓ Submit an itemized list of purchases or services in October 2020 and at the end of the grant period to Granny's.
Target Dates: October 2020 and March 2021

4. Project Budget

**PROJECT BUDGET
VASHON CARE CLOSET
APRIL 2020 – MARCH 2021**

BUDGET ITEM	TOTAL BUDGETED AMOUNT	GRANNY'S REQUEST
Support for Caregivers	\$ 810	\$ 500
Care Closet and Shed Expenses	\$ 5,000*	\$1,000
Special Needs Equipment/Supplies	\$19,400**	\$2,400
Marketing and Outreach Expenses		
• Graphic Design	\$ 1,750	\$ 350
• Printing	\$ 1,100	\$ 400
• Website Hosting and Domain	\$ 480	\$ 350
TOTAL	\$28,540	\$5,000

*Vashon Lutheran Church is donating all costs for shed construction and use of space in the church.

**The estimated value of donated equipment and supplies is \$12,000. The March 2019 \$5,000 Granny's allocation is also included in this amount.

BREAKDOWN OF GRANNY'S REQUEST

BUDGET ITEM	COST
Tippa Snow DVD Series	\$ 200
Space Rental and Refreshments for Caregiver Series	\$ 300
Special Needs Equipment and High Demand Supplies	\$2,400
Equipment Repair	\$ 500
Care Closet and Shed Improvements	\$ 500
Graphic Design (10 hours @\$35.00/hour)	\$ 350
Printing (brochures, posters, letterhead, business cards)	\$ 400
Website Hosting Package and Domain	\$ 350
Total Request from Granny's	\$5,000

INTERNAL REVENUE SERVICE
P. O. BOX 2508
CINCINNATI, OH 45201

DEPARTMENT OF THE TREASURY

Date: **SEP 25 2019**

VASHON CARE NETWORK
C/O JOHN W KIRKMAN
10801 SW 238TH ST
VASHON, WA 98070-0000

Accounting Period Ending:
December 31
Form 990-PF Required:
Yes
Effective Date of Exemption:
November 14, 2018
Addendum Applies:
No

Dear Applicant:

We're pleased to tell you we determined you're exempt from federal income tax under Internal Revenue Code (IRC) Section 501(c)(3). Donors can deduct contributions they make to you under IRC Section 170. You're also qualified to receive tax deductible bequests, devises, transfers or gifts under Section 2055, 2106, or 2522. This letter could help resolve questions on your exempt status. Please keep it for your records.

Organizations exempt under IRC Section 501(c)(3) are further classified as either public charities or private foundations. We determined you're a private foundation within the meaning of Section 509(a).

You're required to file Form 990-PF, Return of Private Foundation or Section 4947(a)(1) Trust Treated as Private Foundation, annually, whether or not you have income or activity during the year. If you don't file a required return or notice for three consecutive years, your exempt status will be automatically revoked.

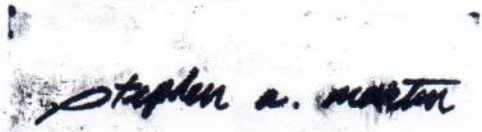
If we indicated at the top of this letter that an addendum applies, the enclosed addendum is an integral part of this letter.

For important information about your responsibilities as a tax-exempt organization, go to www.irs.gov/charities. Enter "4221-PF" in the search bar to view Publication 4221-PF, Compliance Guide for 501(c)(3) Private Foundations, which describes your recordkeeping, reporting, and disclosure requirements.

Letter 1076

VASHON CARE NETWORK

Sincerely,

A handwritten signature in black ink that reads "Stephen A. Martin". The signature is written in a cursive style and is positioned below the word "Sincerely,".

Director, Exempt Organizations
Rulings and Agreements